

So if you are a woman over 40, it is best to check your breasts with a free breast screen every two years.

**To make an appointment
for your free breast
screen, you or your
Health Worker can call
BreastScreen SA on
13 20 50 or visit:**

www.breastscreen.sa.gov.au

Artwork by Indigenous Artist Audrey Brumby. The artwork represents the BreastScreen SA pathway showing most women that are screened are OK and only a small proportion of women will require treatment.

You can go to a screening clinic of your choice. There are seven in Adelaide at:

Arndale

Armada Arndale, facing Hanson Road, Kilkenny

Christies Beach

Unit 2, 107-109 Dyson Road, Christies Beach

David Jones Rose Clinic

Located in David Jones Adelaide Store, Lower Ground Floor, Adelaide Central Plaza, 100 Rundle Mall, Adelaide

Elizabeth

Elizabeth GP Plus, 16 Playford Boulevard, Elizabeth

Frome Road

Bonython Jubilee Building, Grounds of University SA, enter via gates 4 or 5

Hyde Park

292-294 Unley Road, Hyde Park

Marion

Marion Medical Centre, 199 Sturt Road, Seacombe Gardens

The three mobile screening units go to country regions and some areas in Adelaide. Contact your Health Worker or visit www.breastscreen.sa.gov.au to find out where the mobile screening units are during the year.

For more information

BreastScreen SA

SA Health

Telephone: 13 20 50

www.breastscreen.sa.gov.au

BSSAenquiries@health.sa.gov.au



[www.austlii.gov.au/other/au-creativelicense/](http://www.austlii.gov.au/au/other/au-creativelicense/)



Government
of South Australia

SA Health

Free breast cancer screening

Have a free breast screen every 2 years

BreastScreen SA

*Caring for women from ocean
to outback*



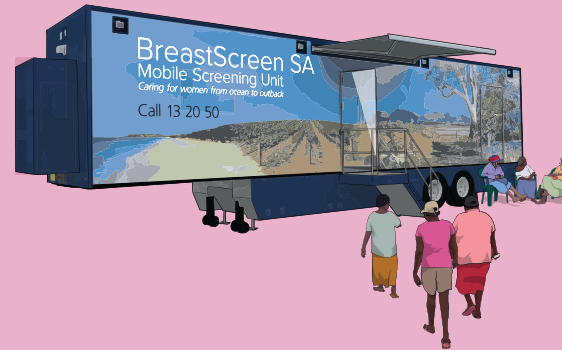
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SA Health

Looking after the health of your breasts is important. Even if you can't see or feel anything different, you still need to check they are healthy

For women over 40 the best way to do this is by having a breast screen (breast X-ray) every two years.

A breast screen looks inside your breasts.



You can come to a BreastScreen SA clinic on your own or with other women and you can wait together.



Most of the time, everything is OK. But sometimes a breast screen can show breast cancer when it is still very small, even before you can feel it.

Cancer can grow. It can also spread through your body. It can make you sick.

While breast screens are not 100% accurate, they are the best way to find cancer early before it gets too big or spreads.

At the clinic there will be a female radiographer. After you take off your top, she will take X-rays of both your breasts. She needs to press each breast in the X-ray machine to get the best picture. Some women may find this uncomfortable, but it only lasts for a few seconds.

After your visit to the clinic, your images are sent to the State Coordination Unit in Adelaide for checking. If more checks are needed, BreastScreen SA will contact you, your doctor or Health Worker.

Most women have no problems and receive a letter saying there were no signs of breast cancer.

If breast cancer is found at an early stage, there is a greater chance of saving a woman's life.